

TURNING PASSION INTO CAREER

CERTIFICATEIN PLANT BASED CUISINE



UNIQUE **HIGHLIGHTS**

- RECIPE BOOK PROVIDED
- APRON & CAP PROVIDED
- INGREDIENTS PROVIDED

6 SESSIONS

SATURDAYS 9:00AM - 1:00PM

MIB COLLEGE, PJ NEW TOWN

MIB's very own plant-based culinary course is vibrant, fun, and packed full of nutrients!

Our vegetable-focused approach uses fresh, minimally-processed ingredients to ensure the food you create is wholesome, nutritious and as natural as possible.

Learn to taste, plate, and produce delicious plant-based dishes which are easy to incorporate into your daily meals.

SESSIONS:

- 1. Introduction & Dairy Alternatives
- 2. Plant-Powered Breakfast
- 3. Superfood Bowls
- 4. Snacks on the Go
- 5. Plant-Based Proteins
- 6. Desserts Made Healthy